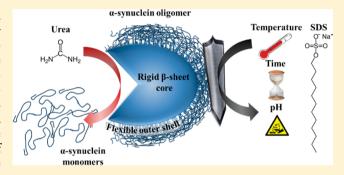


High Stability and Cooperative Unfolding of α -Synuclein Oligomers

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ABSTRACT: Many neurodegenerative diseases are linked with formation of amyloid aggregates. It is increasingly accepted that not the fibrils but rather oligomeric species are responsible for degeneration of neuronal cells. Strong evidence suggests that in Parkinson's disease (PD), cytotoxic α synuclein (α SN) oligomers are key to pathogenicity. Nevertheless, insight into the oligomers' molecular properties remains scarce. Here we show that α SN oligomers, despite a large amount of disordered structure, are remarkably stable against extreme pH, temperature, and even molar amounts of chemical denaturants, though they undergo cooperative unfolding at higher denaturant concentrations. Mutants



found in familial PD lead to slightly larger oligomers whose stabilities are very similar to that of wild-type aSN. Isolated oligomers do not revert to monomers but predominantly form larger aggregates consisting of stacked oligomers, suggesting that they are off-pathway relative to the process of fibril formation. We also demonstrate that 4-(dicyanovinyl)julolidine (DCVJ) can be used as a specific probe for detection of α SN oligomers. The high stability of the α SN oligomer indicates that therapeutic strategies should aim to prevent the formation of or passivate rather than dissociate this cytotoxic species.

eurodegenerative diseases (NDs) are often connected with formation of amyloid fibrils.¹ However, cytotoxic oligomeric species are increasingly seen as the main culprits in NDs like Parkinson's disease (PD),^{2–5} Alzheimer's disease,^{6–9} and tauopathies.¹⁰ These soluble oligomers disrupt membranes possibly leading to neuronal damage.^{3,11} Their role in the fibrillization process is complex. In some cases they seem to be directly engaged in assembly of fibrils, either as direct building blocks^{12,13} or as nuclei that can be further elongated by monomeric species. ^{14–19} But they can also act as off-pathway species not directly involved in fibril formation. ^{20–25}

PD is one of the most widespread neurodegenerative disorders. The main component of PD-associated oligomers is α -synuclein (α SN), a presynaptic protein that plays a central role in disease.²⁶ The αSN point mutations A30P, E46K, H50Q, G51D, and A53T, together with the duplication or triplication of the gene coding for αSN_1^{27-33} are responsible for familial forms of PD. αSN has been proposed to facilitate the exocytosis and regulation of the synaptic vesicle trafficking³⁴ or take part in neurite outgrowth and adhesion of brain cells, 35,36 but its role in the neuronal cells remains unclear. Despite recent controversy, 37-42 it is still generally accepted that α SN has no persistent structure in the monomeric state under physiological conditions. 43 As mentioned, aSN can also self-associate into oligomeric species²⁻⁵ and amyloid fibrils.^{44,45} The welldocumented cytotoxicity of the oligomeric species of $\alpha SN^{5,46-51}$ has been suggested to derive from the formation of a pore-like structure, which disrupts the neuronal

membrane. 2,11,49,52-54 The compelling evidence that these oligomers are key players in PD makes them promising targets for therapies against disease. 44,55-57 The oligomers' transient nature and intrinsic structural polydispersity are a challenge to high-resolution structural studies. S8,59 Recently we have used small-angle X-ray scattering (SAXS) to show that α SN oligomers can be described as a core surrounded by a halo of disorganized structure, 25 while our hydrogen/deuterium exchange mass spectrometry efforts have highlighted residues 39–75 as the most protected region. 60 Furthermore, this work identified two coexisting oligomers, of which the major species (accounting for around 80% of the entire oligomer population) does not readily exchange with monomers and is unable to form fibrils, consistent with independent kinetic studies.²⁵ The minor oligomeric species is in dynamic exchange with monomers and is proposed to form fibrils, but its small population and dynamic exchange properties make it difficult to detect in ensemble measurements.

Also, we have recently demonstrated that these α SN oligomers induce cytotoxicity in a rat brain cell line⁶¹ where we have linked the cytotoxicity with the oligomers' ability to interact with and permeabilize membranes. 2,61,62

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Here we analyze oligomers of wild-type (wt) and mutant α SN formed under fibrillization conditions.² Although we cannot separate the two types of oligomers by conventional means, our data will predominantly reflect the properties of the stable oligomer, which is by far the dominant species for both wild-type α SN and mutants.²⁵ We elucidate the structure, stability, and appearance of these oligomers in the fibrillization process by size-exclusion chromatography (SEC), dynamic light scattering (DLS), sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE), transmission electron microscopy (TEM), SAXS, circular dichroism (CD), and fluorescence spectroscopy. Further, we report that 4-(dicyanovinyl)julolidine (DCVJ), previously used for detection of prefibrillar aggregates of TTR, 63 is able to bind α SN oligomers resulting in significantly higher fluorescence signal than for monomers and fibrils. For both wt and mutant α SN, the formed oligomers are very stable and resist both extreme temperature and extreme pH; only high urea concentrations dissociate them to monomers. Prolonged incubation of oligomers leads to an increase in their size and formation of larger nonfibrillar aggregates.

MATERIALS AND METHODS

Materials. Unless stated otherwise, all chemicals were from Sigma Chemical Co. (St. Louis, MO) and were of analytical grade. All solutions were prepared using deionized water (Millipore, Milli-Q).

Preparation of \alphaSN. α SN was expressed recombinantly in *E. coli* and purified as described. ^{64,65} For all experiments, fresh samples were prepared by dissolving lyophilized α SN in phosphate saline buffer (PBS) (20 mM phosphate, 150 mM NaCl, pH 7.4) and filtered (0.2 μ m) prior to use. The concentration was determined with a NanoDrop (ND-1000, Thermo Scientific, USA) using a theoretical extinction coefficient of 0.412 (mg/mL)⁻¹ cm⁻¹.

Plate Reader Fibrillization of αSN. αSN wt, A30P, E46K, and A53T were fibrillated at a final concentration of 12 mg/mL with 40 μ M thioflavin T (ThT) or 40 μ M 4-(dicyanovinyl)-julolidine (DCVJ) in a Tecan Infinite Pro (Tecan Nordic AB) plate reader at 37 °C with 10 min shaking every 12 min as described. ⁶⁶ Both ThT and DCVJ fluorescence were monitored by excitation at 448 nm and emission at 485 nm.

Purification of Oligomer. α SN oligomers were prepared as described. Priefly, α SN was dissolved at 12 mg/mL in PBS buffer (20 mM phosphate, 150 mM NaCl, pH 7.4) and incubated in a Thermo-Shaker (TS-100, BioSan, Latvia) at 37 °C at 900 rpm for 5 h. Insoluble material was removed by centrifugation for 10 min at 12000g. Soluble fractions were loaded on a Superose 6 SEC column (Superose 6 XK 26/100) connected to an ÄKTA Basic system (GE Healthcare, USA) and eluted with PBS buffer at a 3 mL/min flow rate. Oligomer fractions were collected and stored at 4 °C. Note that the preparation of α SN oligomers was remarkably independent of protein concentration. Performing the preparation at 1 mg/mL α SN yielded oligomers indistinguishable in size, shape, and relative yield from those prepared at 12 mg/mL.

DCVJ Fluorescence. DVCJ stock solution (5 mM dissolved in 100% ethanol) was mixed to a final concentration of 10 μ M with 10 μ M α SN monomer, oligomer, or fibril. DCVJ fluorescence emission spectra were recorded from 480 to 650 nm with excitation at 470 nm, 10 nm slit widths, and a scan speed of 200 nm/min on a LS55 luminescence spectropho-

tometer (PerkinElmer). Three spectra were accumulated and averaged for each sample.

Fourier Transform Infrared (FTIR) Spectroscopy. FTIR spectroscopy was performed using a Tensor27 FTIR spectrometer (Bruker) equipped with attenuated total reflection accessory with a continuous flow of N_2 gas. All samples were dried with N_2 gas. Sixty-four interferograms were accumulated at a spectral resolution of 2 cm⁻¹ in the range from 1000 to 3998 cm⁻¹. Peak positions were assigned where the second order derivative had local minima and the intensity was modeled by Gaussian curve fitting using the OPUS 5.5 software. For comparison, all absorbance spectra are normalized.

Size-Exclusion Chromatography (SEC). The α SN oligomer was analyzed with a Postnova AF2000 flow field-flow fractionation system (Postnova Analytics GmbH, Germany) operating in SEC mode and equipped with a UV/vis (S3240) detector, Brookhaven BI-MwA molecular weight analyzer (measuring scattering intensity at 30°, 50°, 75°, 90°, 105°, 130°, and 145° angles), and PN3140 refractive index detectors (detectors listed in flow order). The analysis was carried out using a Superose 6 10/30 GL SEC column at a flow rate of 0.5 mL/min.

The appearance of the oligomer was monitored by loading 20 μ L of 12 mg/mL α SN sample incubated for various amounts of time at 37 °C in an eppendorf shaker at 900 rpm. To remove fibrillar species, the sample was centrifuged for 10 min at 13000 rpm prior to analysis, and only the supernatant was loaded on the column.

 αSN oligomer stability was monitored by loading 100 μL 0.2 mg/mL αSN oligomer sample at various incubation times at 37 °C using an autosampler.

Far-UV CD Spectroscopy. Far-UV wavelength spectra from 250 to 190 nm of 0.14 mg/mL α SN oligomers before and after heating to 120 °C using a 2 mm quartz cuvette were recorded with a Jasco J-810 spectrophotometer (Jasco Spectroscopic Co. Ltd., Japan). Scans were conducted at 20 °C with a step size of 0.2 nm, bandwidth 2 nm, and scan speed of 50 nm/min. Five spectra were averaged for each sample, and the buffer spectrum was subtracted. To examine the thermal stability, α SN monomers, oligomers, and fibrils at a concentration of 0.3 mg/mL (21 μ M) were used in a 1 mm cuvette. Scans were conducted at 25 °C. Wavelength spectra were recorded from 20 to 95 °C with a 2 °C step increase. Fibril solutions were sonicated for 3 × 10 s at 50% power on ice with an HD 2070 Bandelin Sonuplus sonicator (Buch and Holm).

Membrane Permeabilization Assay. α SN oligomers at varying concentrations were mixed with dioleoylphosphatidylglycerol (DOPG) large unilamellar vesicles (LUV's) with a diameter of ~100 nm, prepared by extrusion as described.⁶⁷ The fluorophore calcein was entrapped at self-quenching concentrations (70 mM) inside the vesicles; upon membrane permeabilization, calcein leaks from the vesicles, and this dilution increases its fluorescence response. Calcein release was measured in a 96-well-plate (Nunc, Thermo Fischer Scientific, Roskilde, Denmark) in duplicates. Calcein release was measured (excitation 485 nm; emission 520 nm) for 1 h in a Genios Pro fluorescence plate reader (Tecan, Mänerdorf, Switzerland) at 37 °C with 2 s shaking every 2 min. The calcein release percentage was calculated based on background fluorescence and 100% calcein release (addition of 0.2% (w/ V) Triton X-100).

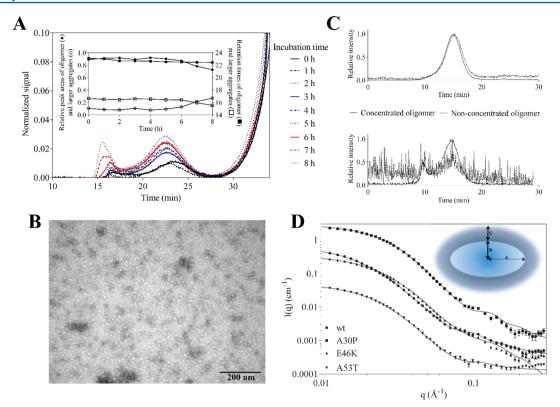


Figure 1. Size and shape of α SN oligomers. (A) Appearance of oligomer during the first few hours of fibrillation process analyzed by SEC. (Inset) Quantification of observed aggregates. Initially only oligomers and small amount of larger aggregates are observed, but after approximately 6 h, the quantity of larger aggregates start to increase. (B) TEM image of α SN oligomers, showing round structures with diameter of approximately 13 nm. (C) SEC-MALS analysis of the concentration step on α SN oligomers. (top) Absorbance at 214 nm. (bottom) Backscattering signal at 90°. (D) SAXS data fitted to the proposed model (of wt, A30P, E46K, and A53T α SN oligomers). There is no significant difference in the structure of oligomers formed by different variants of α SN. (Inset) SAXS based model of α SN oligomer. α A and α B are the dimensions of the rigid oligomer's core, which has an ellipsoidal shape with axis (α , α , α , α , while α represents the thickness of the flexible outer region of structure.

SDS-PAGE. The protein sample was mixed with 6× reducing sample buffer (375 mM Tris-HCl pH 6.8, 6% SDS, 50% glycerol, 9% β-mercaptoethanol, and 0.03% bromophenol blue) at a sample/buffer ratio of 5:1. The mixture was vortexed and then boiled at 100 °C for 5 min. The samples were loaded onto a bis-tris acrylamide gel (5%/15% stacking/running gel). Electrophoresis was performed using a vertical electrophoresis gel apparatus at a constant voltage of 140 V. The run was stopped when the dye front reached the bottom edge of the gel. The gel was stained using CBB R-250 solution (0.1% CBB R-250/40% methanol/10% glacial acetic acid) and destained using 4%/4% glacial acetic acid/ethanol solution. SDS-PAGE gels were scanned using standard table-top scanner or Typhoon Scanner (9400, GE Healthcare, USA). The intensity of protein bands was analyzed using ImageJ.

Urea Dissociation of αSN Oligomers. Concentrated urea solutions in water were prepared and then adjusted to desired concentrations with water and $10\times$ concentrated PBS buffer (200 mM phosphate, 1500 mM NaCl, pH 7.4). Protein samples (84 μ M) were diluted into urea solutions of known concentrations and incubated for 1 h. Subsequently, samples were mixed with reducing gel loading buffer and analyzed by SDS-PAGE.

Urea Dissociation of α SN Oligomers Monitored by DCVJ Fluorescence. DVCJ was mixed with α SN oligomer to final concentrations of 10 μ M DCVJ and 84 μ M α SN, diluted into urea solutions of known concentrations, and incubated for 1 h. The fluorescence emission spectra were measured from

480 to 650 nm with excitation at 470 nm, 10 nm slit widths, and a scan speed of 200 nm/min. Three spectra were accumulated and averaged for each sample. Concentrated urea solutions in water were prepared and adjusted to the desired concentration with water and 10× concentrated PBS buffer (200 mM phosphate, 1500 mM NaCl, pH 7.4).

Fitting of Dissociation Curves. SDS-PAGE band intensity was normalized within each gel. Fluorescence spectra were parametrized by calculating an average emission wavelength, $\langle \lambda \rangle$, ⁶⁹ defined as

$$\langle \lambda \rangle = \frac{\sum (\lambda_i F_i)}{\sum (F_i)} \tag{1}$$

 λ_i and F_i are the emission wavelength and the corresponding fluorescence intensity, respectively, at the *i*th measuring point. The dissociation curves were fitted to a two-state model^{70,71} using Kaleidagraph 4.0:

$$signal = \frac{S_{M} + S_{O}10^{(m_{O-M}(-[den]^{50\%} + [urea]))}}{1 + 10^{(m_{O-M}(-[den]^{50\%} + [urea]))}}$$
(2)

Here $S_{\rm M}$ and $S_{\rm O}$ are the average signals of the monomeric and oligomeric states, [den]^{50%} is the denaturant concentration for which the fractions of folded and unfolded states are equal, and $m_{\rm O-M}$ is the slope of dissociation curve. The equations assume a linear relationship between the logarithm of the equilibrium constant $\left(K_{\rm O-M}^{\rm denaturant}\right)$ and the denaturant concentration:

| Table 1. SAXS Anal | vsis of Dimensions | and Flexibility of wi | . A30P. E46K | and A53T α SN Oligomers |
|--------------------|--------------------|-----------------------|--------------|--------------------------------|
| | | | | |

| | dimensions (nm) | | | | | |
|----------------|-----------------|---------------|---------------|-------------------|---------------------------------|--|
| lphaSN variant | A | В | С | flexible fraction | number of monomers per oligomer | |
| wt | 10.3 ± 0.3 | 4.0 ± 0.1 | 4.3 ± 0.1 | 0.57 ± 0.01 | 32.7 | |
| E46K | 11.0 ± 0.1 | 4.1 ± 0.1 | 4.2 ± 0.2 | 0.53 ± 0.02 | 27.3 | |
| A30P | 11.9 ± 0.1 | 4.4 ± 0.1 | 5.0 ± 0.4 | 0.51 ± 0.03 | 33.9 | |
| A53T | 12.0 ± 0.1 | 4.8 ± 0.1 | 5.1 ± 0.4 | 0.45 ± 0.02 | 32.7 | |

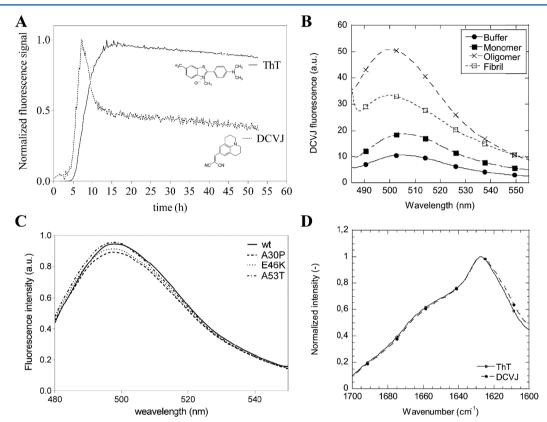


Figure 2. DCVJ binding to α SN species. (A) α SN fibrillation followed by ThT and DCVJ, showing the binding of DCVJ to intermediate α SN species. Structures of ThT and DCVJ are indicated. (B) Analysis of DCVJ fluorescence signal intensity upon binding to α SN monomers, oligomers, and fibrils. (C) Analysis of DCVJ binding to wt, A30P, E46K, and A53T α SN oligomers. (D) FTIR analysis of α SN fibrils prepared with ThT and DCVI.

$$\log K_{\rm O-M}^{\rm denaturant} = \log K_{\rm O-M}^{\rm water} + m_{\rm O-M} [\rm urea]$$
 (3)

This approach formally allows us to calculate the equilibrium constant $(K_{\rm D}^{\rm water})$ and free energy $(\Delta G_{\rm D,app}^{\rm water})$ in the absence of denaturant. However, we have refrained from calculating the free energy of dissociation and denaturation, since this assumes slow conversion between monomer and oligomer (which are separated during SDS-PAGE) and does not take into account changes in molecularity associated with oligomer denaturation. We do note that SDS present in the running buffer appears not to destabilize oligomers significantly, since the same monomer—oligomer distribution was obtained independent of SDS up to 3% SDS (see Results).

pH stability. The α SN oligomers were diluted into buffer with preadjusted pH to obtain a final protein concentration of 28 μ M. The samples were incubated at room temperature for 24 h and then analyzed by SDS-PAGE. For pH 3–6, phosphate–citrate buffer was used (citric acid, dibasic sodium phosphate). For pH 9–11, glycine–NaOH buffer was used, while PBS buffer was used for pH 6–9.

Transmission Electron Microscopy (TEM). Ten microliters of 0.5 mg/mL (35 μ M) α SN in PBS buffer (pH 7.4) was transferred to a 400-mesh carbon-coated, glow-discharged grid for 30 s. The grids were washed twice with a drop of doubly distilled water, stained with 1% uranyl acetate and blotted dry on filter paper. The samples were imaged on a transmission electron microscope (Philips CM100 Bio, Philips/FEI Corporation, Eindhoven, The Netherlands) operating at 80 kV.

Dynamic Light Scattering (DLS). DLS measurements were performed on a Zetasizer NANO ZS (Malvern Instruments Ltd., Worcestershire, U.K.) instrument. The oligomers were scanned in disposable, solvent resistant microcuvettes (Malvern Instruments Ltd., Worcestershire, UK) at 28 μ M (α SN monomer equivalents). For each sample, 5 scans were acquired and averaged.

Small-Angle X-ray Scattering. Data were collected and analyzed as previously described.²⁵ Briefly, purified oligomers were measured on the flux- and background-optimized NanoSTAR SAXS instrument from Bruker,⁷² with 60 min acquisition time for the oligomers. Buffer background was measured for the same time period. Background subtraction

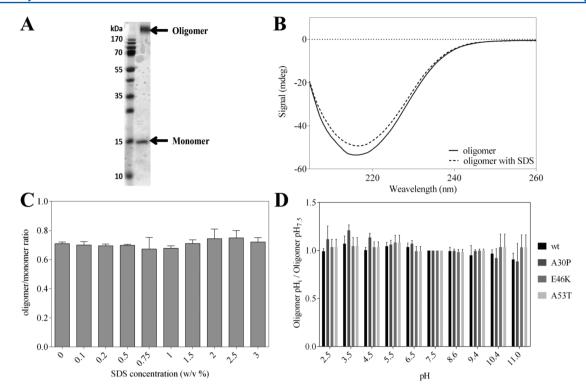


Figure 3. Analysis of oligomer population by SDS-PAGE. (A) Separation of oligomer and monomer α SN by SDS-PAGE. (B) CD spectra of α SN oligomer in PBS buffer (straight line) and in PBS buffer containing 3% SDS (dashed line). (C) Stability of wt α SN oligomer with increasing SDS concentration. Oligomer to monomer ratio at different concentrations of SDS in the sample. For each data column, the average of triplicates is shown with standard deviation on error bars. (D) Stability of wt, A30P, E46K, and A53T α SN oligomers between pH 2.5 and 11. Data are presented as a ratio of oligomer quantity in analyzed pH to oligomer amount in pH 7.5. For each data column, an average of triplicates is shown with standard deviation indicated by error bars.

and conversion to absolute scale was done with the SUPERSAXS program package (Oliveira, C. L. P., and Pedersen, J. S., unpublished), and water was used as a calibration standard. The intensity is displayed as a function of the modulus of the scattering vector $q = 4\pi \sin(\theta)/\lambda$, where $\lambda = 1.54$ Å is the wavelength and 2θ is the scattering angle. The oligomer data were fitted to the previously proposed model, where part of the protein forms a rather compact ellipsoidal core while the remaining flexible parts project randomly into the solution. ²⁵

RESULTS

The α SN Oligomer Is Present from the Beginning of the Fibrillization Process. We have previously used SAXS to show that an oligomer is present in freshly dissolved αSN and has disappeared as a separate soluble species by the time fibrillization is complete.² In principle, this may be caused by transformation to either monomers, fibrils, or higher aggregates coexisting with amyloid fibrils. Here we examine the appearance of the αSN oligomer in more detail by SEC analysis. During fibrillization (900 rpm shaking of 12 mg/mL α SN at 37 °C in PBS buffer), the oligomer population increases slowly over time, and a small but significant shift in its retention peak centroid from 23 min at 1 h incubation to 22.5 min at 4 h incubation (Figure 1A) occurs. After 4 h incubation, the retention time of the oligomer peak no longer shifts. This indicates that the oligomer grows slightly in size over the first 4 h. The fraction of larger aggregates, eluting in the void volume of the column, starts to increase after ca. 6 h (Figure 1A, inset).

The Shape of the Observed Oligomer Resembles a **Prolate Ellipsoid.** The α SN oligomer, examined in the present work, resembles the ellipsoidal oligomer observed in previous studies. 2,25,73 TEM of $\alpha \hat{S}N$ wt oligomers reveals a round shape (Figure 1B), with a diameter of 13.9 \pm 1.6 nm. The morphology of the oligomer is not changed by the concentration step in the purification of the oligomer (Figure 1C). We also investigate the structure of A30P, E46K, and A53T α SN oligomers in comparison to wt oligomers²⁵ using SAXS (Figure 1D, Table 1). All four data sets could be fit well with the model proposed earlier, consisting of a rather compact prolate core with a number of flexible chains protruding from the surface into the solution. When the model is fitted to the SAXS data, the absolute scale of the data determines the aggregation numbers, whereas the q dependence determines the size and the shape of the particles and distribution of protein in, respectively, the central part and the diffuse outer shell. The dimensions of the mutants are similar to that of wt α SN, but they seem slightly larger than wt, in the overall order E46K < A30P < A53T with respect to the dimensions of the core as determined from the fitting. At the same time, the fraction of flexible structure decreases. The number of monomers per oligomer was fixed to the aggregation numbers calculated from the forward scattering and the concentration. The aggregation numbers are similar, indicating that the slight increase in size might be caused by a less compact packing of the protein.

DCVJ Can Be Used as a Probe for α SN Oligomers. The oligomer identified in the early hours of the fibrillization process binds the dye ANS, indicating exposure of a hydrophobic surface in the oligomer. However, this dye

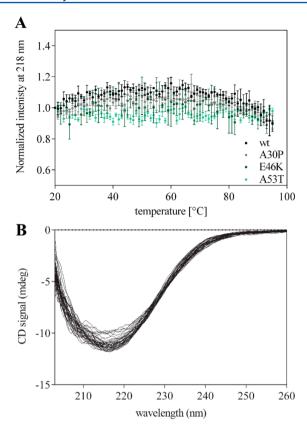


Figure 4. Thermal stability of αSN oligomers. (A) CD thermal scans from 20 to 95 °C of wt (black), A30P (gray), E46K (green) and A53T (light green) αSN oligomers. The normalized CD signal at 218 nm is shown. For each variant of αSN the average of triplicates is shown with standard deviation on error bars. (B) CD wavelength scans from 4 to 96 °C taken every 2 °C. No significant change in spectra suggest no disruption of the oligomer's secondary structure.

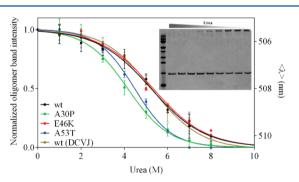


Figure 5. Dissociation of α SN oligomer measured using urea and SDS-PAGE. Oligomer band intensity (left Y axis) and average emission wavelength value, obtained from DCVJ fluorescence scans (right Y axis), plotted versus urea concentration (points) and fitting to two-state dissociation model (lines) for wt, A30P, E46K, and A53T α SN oligomer. (Inset) SDS-PAGE gel image showing decreasing oligomer band intensity with increasing urea concentration.

is not oligomer specific, because it also binds to αSN fibrils. The dye DCVJ has previously been used to detect prefibrillar oligomers of TTR. 76 We here use DCVI as a dye to detect prefibrillar oligomers of α SN. The increase in the fluorescence signal of DCVI coincides with the occurrence of an oligomer. detected by SEC, during the lag-phase and the exponential growth phase of α SN fibrillization (Figure 2A). The DCVI fluorescence signal declines to approximately half of the maximum level at the same time as the ThT fibrillization signal reaches a plateau. This indicates that DCVJ binds to an intermediate α SN species that appears during the lag-phase and either disappears or rearranges during the fibrillization process. To further confirm that DCVJ recognizes α SN oligomers, the fluorescence emission spectra of DCVJ in the presence of various α SN species was recorded. The strongest signal was recorded in the presence of α SN oligomers (Figure 2B), though fibrils also elicited a significant signal. Furthermore, the same level of DCVI fluorescence intensity is observed for purified oligomers of aSN mutants A30P, E46K, and A53T (Figure 2C). DCVJ binding does not alter the secondary structure of the resulting fibrils (Figure 2D). DCVJ also detects the formation of oligomers of α SN mutants A30P, E46K, and A53T, which in all cases lead to a rise and subsequent decline in DCVI signal during the elongation phase of fibrillization, similar to wt α SN (data not shown).

αSN Oligomer Structure Is Resistant to Significant Changes in pH and Temperature. It was possible to estimate the population of oligomers from SDS-PAGE. Gels showed both a band corresponding to monomeric αSN (15 kDa) and a band migrating at >170 kDa (Figure 3A). SDS does not significantly affect oligomer stability (Figure 3B). Even in the presence of 3% SDS, the oligomer is still stable and its β-sheet-rich secondary structure is not significantly affected (Figure 3C). This made it possible for us to investigate the stability of the wt and mutant αSN oligomer over pH 2.5–11. Remarkably, both wt and mutant oligomers remain equally stable to dissociation over this entire pH range, indicating that titratable electrostatic interactions are not critical for oligomer stability (Figure 3D).

The thermal stability of the oligomer was tested using CD spectroscopy. Wavelength scans at 2 °C intervals from 4 to 95 °C reveal no major rearrangement in the secondary structure of the α SN oligomer (Figure 4). This indicates that the oligomer is thermally stable up to at least 95 °C. Thermal scans of A30P, E46K, and A53T α SN oligomers show identical thermal robustness (Figure 4). Even differential scanning calorimetry, which allows us to scan up to 120 °C, shows no transitions with \sim 0.4 mg/mL α SN oligomer (data not shown). Thus, the α SN oligomer is thermally stable up to 120 °C. Moreover the secondary structure of oligomer cooled to 20 °C after heating to 100 °C is the same as that before temperature treatment, showing that no irreversible conformational changes occur.

 α SN Oligomers Only Dissociate at Molar Concentrations of Urea. The stability of the α SN oligomer was tested

Table 2. Apparent Stability of α SN Oligomers Determined by Urea Denaturation Using SDS-PAGE and (for wt) DCVJ Fluorescence

| | wt ^a | $A30P^a$ | E46K ^a | A53T ^a | wt (DCVJ) ^b |
|-----------------------|-------------------|-------------------|-------------------|-------------------|------------------------|
| $m_{\text{O-M}}^{}c}$ | 0.352 ± 0.019 | 0.451 ± 0.028 | 0.354 ± 0.030 | 0.507 ± 0.033 | 0.384 ± 0.061 |
| $den_{50\%} (M)^c$ | 5.226 ± 0.073 | 4.150 ± 0.068 | 5.321 ± 0.113 | 4.472 ± 0.063 | 5.268 ± 0.201 |

^aBased on dissociation on SDS-PAGE gels. ^bBased on changes in DCVJ fluorescence. ^cParameters obtained by fitting data to eq 2.

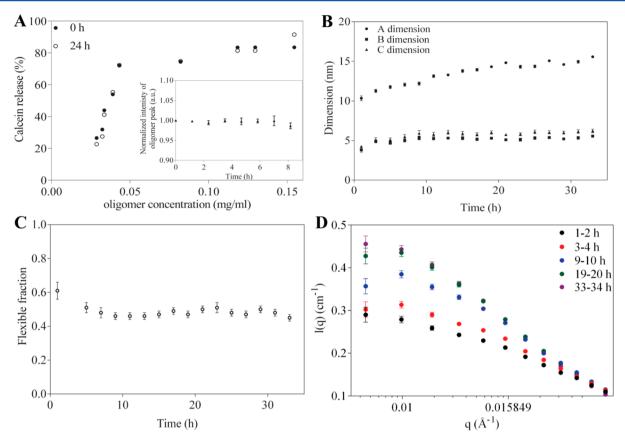


Figure 6. Stability of wt α SN oligomers over time. (A) Calcein release from phospholipid vesicles by oligomers at time zero after preparation (full circle) and after 24 h of incubation (empty circle). (Inset) SEC analysis of oligomer sample during 8 h of incubation presented as intensity of oligomer peak on chromatogram (triangles). (B) Change in oligomer dimensions obtained from SAXS analysis of oligomers incubated at 37 °C for 34 h. (C) Flexible fraction of protein chain obtained from SAXS analysis of oligomers incubated at 37 °C for 34 h. (D) Change in scattering intensity during incubation. Arrow indicates passage of time.

using urea denaturation followed by SDS-PAGE (Figure 5, inset). Quantifying the relative oligomer population by SDS-PAGE and plotting the oligomer concentration versus urea concentration, we observe a sigmoidal curve analogous to the equilibrium unfolding of compact monomeric proteins (Figure 5). Accordingly we analyze the curves by the formalism associated with monomeric protein stability, 70,71 though we stress that these values only yield apparent stability values, which merely serve a comparative purpose. The wt α SN oligomer has a dissociation midpoint of 5.2 \pm 0.1 M urea (Table 2). Comparable results were obtained with the other mutants (Figure 5, Table 2).

Furthermore, we monitored urea denaturation of the oligomer in solution (rather than SDS-PAGE) using DCVJ as a reporter probe. The obtained midpoint of denaturation (5.3 \pm 0.3 M urea, Figure 5, Table 2) are both consistent with the values obtained from the SDS-PAGE analysis, confirming DCVJ's ability to monitor oligomer population as well as the limited impact of SDS on oligomer stability.

 α SN Oligomers Do Not Revert to Monomers over Several Days of Incubation. We next investigated oligomer stability over time. Overnight storage at 4 °C shows no reduction in the high membrane permeabilization activity of oligomers (Figure 6A). This indicates that the potential to interact with lipid vesicles did not change by overnight incubation and that no dissociation occurs at this low temperature. We observe similar results for samples incubated at increasing temperature (37 °C), where the amount of α SN

oligomer remains constant over 9 h, according to SEC (Figure 6A, inset). This indicates that over this period of time no significant dissociation of the αSN oligomer occurs. Furthermore, DCVJ fluorescence in the presence of α SN oligomers remains constant over 5 days, ruling out dissociation to monomers (data not shown). SAXS data also indicate no dissociation of oligomers. In contrast, the oligomers increase in all dimensions; the major A dimension of the central part of the oligomer increases more slowly than the dimension in the other two directions, but they all increase by ca. 50% over $1^{1}/_{2}$ days (Figure 6B,C). However, our SAXS data are ensemble-averaged values and do not necessarily mean that the individual oligomers gradually increase in size. Rather, the increases in intensity for low q values could also indicate that aggregation to higher order species is occurring (Figure 6D). This is investigated further below.

 α SN Oligomers Aggregate to Larger Structures during Prolonged Incubation. To verify that the oligomer indeed is still present in the sample after prolonged incubation at 37 °C, the morphology of the species present in the samples at various time points was examined by TEM (Figure 7). The fresh sample consists mostly of round species with small amounts of larger aggregates. After 3 days of incubation, the round species start to associate to two types of larger aggregates. The first, highly populated, type consists of agglomerated round-shaped oligomers forming worm-like structures (Figure 7, zoomed square). A second minor population consists of straight short fibrils. The individual

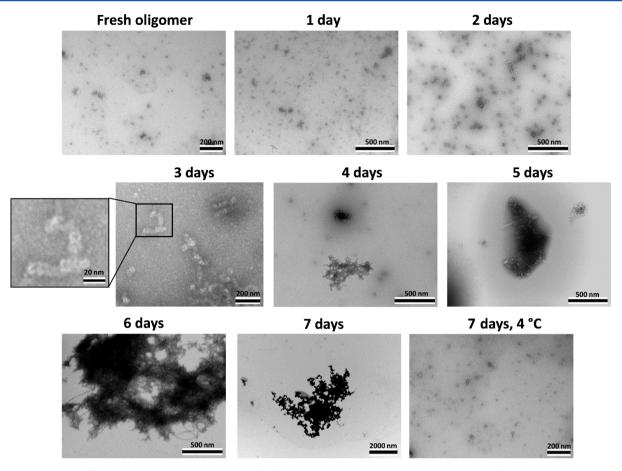


Figure 7. TEM imaging of wt α SN oligomers incubated at 37 °C for 1 week. Samples were imaged every 24 h. In addition the sample incubated for 1 week at 4 °C is presented. Magnification of worm-like aggregates formed by round-shaped α SN oligomers is presented for a sample aggregated for 3 days.

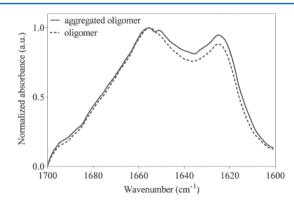


Figure 8. Comparison of secondary structure of oligomers and aggregates formed by oligomers using FTIR.

oligomers disappear after 5 days. Interestingly, after 1 week of incubation at 4 °C, no significant aggregation can be seen in the oligomer sample. Moreover the secondary structure of aggregates after 5 days of incubation is unchanged (Figure 8). DLS reveals three major species in the different samples, namely, small (diameter <40 nm), medium (diameter 40–250 nm), and large aggregates (diameter >250 nm) (Figure 9A). Importantly, the diameters of the three different species do not change significantly over time. This suggests that these three size classes represent aggregates that each consist of a relatively constant numbers of oligomers, which in turn supports our theory that the oligomers do not dissociate back to monomers

but rather join together to form larger aggregates. Inspection of the derived count rates in the samples further confirms aggregation process (Figure 9B), and the size distribution reveals that after 4 days of incubation the small aggregates have disappeared (Figure 9A). This is consistent with the results obtained using TEM imaging. Furthermore, DLS data confirm that α SN oligomers incubated at 4 °C do not aggregate into larger aggregates but rather consist of single oligomers with small amount of medium sized aggregates (Figure 9 A,B).

DISCUSSION

 α SN Oligomers Can Be Detected by DCVJ Fluorescence. There are few known fluorescent probes that can be used to detect α SN fibrils in addition to the commonly used ThT.⁷⁷ ANS has been used both to detect fibrils^{78,79} and oligomers. 74,75 Fluorescence polarization, when combined with a suitable amyloid dye, allows monitoring of the fibrillization process and detection of oligomeric species. 80 Conformationally specific antibodies may also be used⁷³ but remain impractical for real-time measurements. However, we have found that the DCVJ fluorophore, which was previously used for detection of TTR aggregates, 63 detects α SN oligomers. Although DCVJ is not exclusively specific for oligomers, the increase in its fluorescence signal in the presence of α SN oligomers is around 2- and 4-fold larger than the corresponding increases for fibrils and monomers, respectively. DCVJ is a molecular rotor containing a fluorescent julolidine group and a dicyano group responsible for self-quenching. This type of

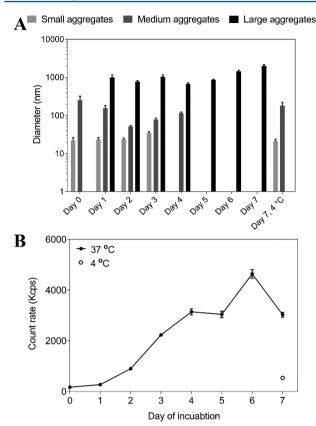


Figure 9. DLS analysis of wt α SN oligomers aggregation. (A) Size distribution of wt α SN oligomers incubated at 37 °C for 1 week. Samples were analyzed every 24 h. In addition the sample incubated for 1 week in 4 °C is presented. Observed aggregates are divided into three sections: small (diameter <40 nm), medium (diameter 40 nm –250 nm) and large aggregates (diameter >250 nm). (B) Derived count rates of analyzed samples for each day of incubation.

quenching makes it sensitive to intrinsic rotational relaxation, which is decreased upon binding to aggregated species. DCVJ's preference for α SN oligomers may be caused by intercalation of the DCVI molecule into the oligomer cavity, leading to a greater decrease in intrinsic rotational relaxation than upon binding to fibrils. Interestingly, DCVI fluorescence peaks sharply at 5 h, although the oligomer population remains relatively constant in this time range. We speculate that DCVI may bind preferentially to the later oligomeric species (rather than the initial oligomeric species), which elutes slightly later on the SEC column (cf. the small shift in oligomer retention time during the first 2 h in Figure 1A, inset). Importantly, DCVJ does not appear to alter the secondary structure or stability of oligomeric α SN species upon binding and binds in a similar fashion to oligomers of α SN mutants, making it a valid probe for future studies.

The Oligomer Appears during the Lag Phase in the Fibrillization Process. TEM images and SAXS studies reveal an α SN oligomer with the same shape as the previously described ellipsoid oligomers. SEC and DCVJ fluorescence indicate that the oligomer is present in the fibrillating sample during the lag phase and exponential growth phase. We are not able to detect the oligomers after the fibrillization process has reached a plateau, which might suggest that they are intermediate species in fibril formation. However, further aggregation steps will affect both SEC (due to limits in the size of aggregates that can enter the chromatography resin) and

DCVJ fluorescence (due to depletion of binding sites). Therefore, the drop in the signal might also occur due to the assembly of larger species or formation of amorphous aggregates.

 α SN Oligomers Assemble into Larger Aggregates and Do Not Revert to Monomers. The isolated oligomers are remarkably stable and do not dissociate into monomers. Their membrane permeabilization properties and levels of association are unchanged after a day of incubation at 4 or 37 °C. Nor do we observe a decrease in DCVI signal upon incubation of oligomers at 37 °C for 5 days. However, DLS and TEM reveal that incubation at 37 °C leads predominantly to linearly associated oligomers, as well as a small amount of conventional fibrillar structures. This oligomer association does not occur upon incubation at 4 °C, indicating that the process is highly temperature-dependent. Both types of association are likely to decrease the amount of flexible structure in the oligomer through the formation of quaternary contacts, consistent with the overall increase in dimensions and decrease in flexible regions revealed by our SAXS studies.

The subject of how the fibrils are formed remains outside the scope of the present investigation, but we note that it is very unlikely that the fibrils are made solely from residual monomers in the sample. According to SEC-MALS, the residual monomer is present at concentrations more than 20 times lower than the one used in fibrillization assays. Furthermore, the solution is kept quiescent, and α SN incubated without agitation requires months to fibrillate.⁸¹ Additionally, our recent study of the dynamics of aSN oligomers using hydrogen-deuterium exchange mass spectrometry revealed that their population is not homogeneous and two distinct oligomeric species are present in the purified sample.⁶⁰ The population of the major species remains constant over time. In contrast, the minor oligomer is in dynamic equilibrium with α SN monomers, leading to rapid exchange of otherwise protected amide protons. This makes it likely that the oligomer properties characterized in this study primarily represent the abundant type of the oligomer. We also observe that prolonged incubation of purified oligomers leads to formation of a small number of straight fibrils and a large population of "worm-like" aggregates. Based on these observations, we suggest that the minor α SN oligomer partially dissociates into monomers, which then elongate this oligomer, leading to straight fibrils. Effectively this makes the minor species an on-pathway structure to fibril formation. In contrast, the major oligomer neither dissociates nor interacts with monomers (formed due to dissociation of the first type of oligomer) and forms "wormlike" amorphous aggregates, suggesting that it is an off-pathway structure to the fibrillization process. The lack of interaction with monomers has been confirmed by independent studies.²⁵

 α SN Oligomers Are Very Stable and Are Not Easily Altered by Changes in Environment. Our data demonstrate that α SN oligomers are far more stable than we would expect for partially folded aggregated states with extensive amounts of denatured structure. Neither heating to extreme temperatures nor large changes in pH were able to dissociate the oligomers back to monomers or modify their structure as oligomers. They are not affected by reducing conditions used during SDS-PAGE and even preincubation in up to 3% SDS was not able to dissolve or alter the structure of α SN oligomers. Furthermore, the oligomers are also robust to urea denaturation; concentrations in excess of 5 M are needed to reach the midpoint of dissociation to monomers.

Oligomers' neuronal toxicity^{5,46–49} make them an extremely important target for treatment of PD. The very high stability of α SN oligomers indicates that drug development should be aimed at surface passivation or inhibition of their formation rather than simple structure disruption, as is confirmed by previously reported inhibition of α SN oligomers' toxicity by compounds like curcumin, ⁸² geldanamycin (and its derivatives) ^{83–85} and EGCG. ^{86,87}

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Notes

The authors declare no competing financial interest.

ABBREVIATIONS

 α SN, α -synuclein; CBB, Coomassie Brilliant Blue; CD, circular dichroism; DCVJ, 4-(dicyanovinyl)julolidine; DLS, dynamic light scattering; FTIR, Fourier-transform infrared; NDs, neurodegenerative diseases; PBS, phosphate buffered saline; PD, Parkinson's disease; SDS-PAGE, sodium dodecyl sulfate polyacrylamide gel electrophoresis; SEC, size-exclusion chromatography; SDS, sodium dodecyl sulfate; TEM, transmission electron microscopy; ThT, thioflavin T; TTR, transthyretin; wt, wild-type; SAXS, small-angle X-ray scattering

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